

















29 March 2018




  09:47  
 Deleted Account 29.03.2018 09:46:37  
I hope your head feels ok... are you leaving soon?




  09:51  
 29.03.2018 09:51:10  
Thanks. It's actually killing me. I feel awful. I board in half an hour. I made a drs appt for this afternoon. I spoke to  & sent him a photo. He reacted exactly how you predicted. I think he believes me but is a bit sceptical.




  09:52  
 Deleted Account 29.03.2018 09:51:55  
I thought he would, what did you say?




  09:53  
 Deleted Account 29.03.2018 09:52:41  
Does he think I did it?

  09:55  
 29.03.2018 09:55:42  
Yeah he did to begin with & he didn't believe that I'd fall down stairs. I just told him what we talked about.

  09:57  
 Deleted Account 29.03.2018 09:56:43  
Did you say I was there at all

  10:00  
 29.03.2018 10:00:35  
No. I said I caught up with you earlier in the week but you had to go away for work. He was really worried I was by myself all night after such a bad fall & can't understand why I didn't call him or someone else for help.

  10:09  
 Deleted Account 29.03.2018 10:08:20  
Just say you didn't realise until you woke up as it has swelled. Also say you were embarrassed call him

  10:17  
 29.03.2018 10:17:08



Yeah I said that last night I thought it was only a bit swollen up where I'd knocked it so I put some ice on it & fell asleep not realising until this morning how serious it was. I've some other bruises - including a massive one on my thigh on the same side of my body - which will hopefully make the falling story more believable. I think having my period will also work in my favour in terms of convincing him I wasn't with you.



10:26



**Deleted Account** 29.03.2018 10:24:52

Ok, well hopefully he believes you and is sympathetic... try and get another sleep on the plane.



10:41



**Deleted Account** 29.03.2018 10:41:25

I hope so too. I'm boarding now. My head is still so sore & I'm feeling it in my body now too. I'm starting to worry a bit actually.



10:47



**Deleted Account** 29.03.2018 10:47:24

Just get to the doc but it's ok, it's natural for you to get sorer over the next 24...



14:50



**Deleted Account** 29.03.2018 14:40:40

I just finished at the doctor. He said the black eye will be around for 3-4 weeks & will likely get worse & spread further down my face! Otherwise all ok. If I go backwards in the next couple of days he'll do a scan but that's very unlikely.



15:46



**Deleted Account** 29.03.2018 15:11:26

I'm really glad to hear that your injuries are not worse and that you'll be better soon. I was legitimately worried last night which is why I stayed up but I'm sure that ice helped to some degree. I'm not going to bullshit you your behaviour has given me real cause to think and I'm a little in shock myself. Apart putting yourself in a dangerous situation I found it really disrespectful and inappropriate. In saying that however I acknowledge you have apologised and I accept your apology.

Deleted Account April 6, 2018  
You have been holding this over me since last year... what have you done, this is outright blackmail. 11:57 AM

April 7, 2018

No. It most certainly is not blackmail. I'm not asking for or expecting anything from you. 9:06 AM

Please don't waste your time with intimidation or payback either. The benefit of seeing what you were capable of a few weeks back & knowing the threats you've made to me since is that I immediately put in place "insurance" in the event that anything should happen to me or my family. I know you will blame me but I hope you'll also remember that we're in this position because of what we've BOTH done. 9:06 AM

What I did today wasn't planned & it's not something I ever thought I would do but I believe I made the right decision. I know you're angry but I did it for your own good. Some day I hope

Message

Telstra #StayHome 12:05 pm 74%

Chats Saved Messages

position because of what we've BOTH done. 9:06 AM

What I did today wasn't planned & it's not something I ever thought I would do but I believe I made the right decision. I know you're angry but I did it for your own good. Some day I hope you'll see that & be thankful. If you love Emma & genuinely want to fix your marriage then it needed to come out. She deserves the truth & she was never going to get it from you. You've been lying to everybody & it's time to stop. To quote your message to me from this morning - I know you will be ok & you will work though it. Your marriage is strong & you love each other. Tell her everything, take responsibility for your actions, deal with your own issues & ask for forgiveness. You & your marriage will be better off in the long run. 9:06 AM

And if the media finds out it will not be from me or anyone associated with me. As far as I'm concerned it's a private matter & I truly hope it remains that way for everyone's sake. 9:06 AM

Message