

### Appointment Details

Practitioner: Maarten Pansier  
Date / Time: 06-Feb-2018 09:30  
Duration: 60 minutes  
Location: Psychology Cafe  
Psychology Cafe  
19 Walan Street  
MOOLOOLABA, Queensland, 4557  
Australia

Emma Roberts-Smith

06-Feb-2018

09:30

Session Number:

Other's Present:

Update:

- Had time together in Perth, was really good
- Week has been good over all

Session Content and Strategies Discussed:

- Strategies for pausing thinking when something comes up
- E: don't interpret everything as stress, cause this is not always the case (makes Ben feel observed and assessed)
- Talk about problems in where you want it to go, instead of what is wrong

Homework:

- Spent time together (keep doing that)


Plan/Agenda for Next Session:

- Towards Emma: less 'you' this and that -> Doesn't give Ben the support
- Expectations/communications when away

Maarten Pansier

### Patient

Name: Emma Roberts-Smith

Date of Birth: 

FEDERAL COURT OF AUSTRALIA

NSD 1485, 1486, 1487 of 2018

Date: 25 June 2021

Ben Roberts-Smith v Fairfax Media Publications Pty Ltd & Ors

Exhibit No: R62  
Assoc: Alice O'Connell

MFI No: \_\_\_\_\_